

# Additional Resources

## Camps for Grieving Children

- Camp Erin is free to children (ages 6-17) grieving the death of a significant person in their lives: [elunanetwork.org/camps-programs/camp-erin/](http://elunanetwork.org/camps-programs/camp-erin/)
- Camp Kesem is free to children (ages 6-18) with a parent who has or has died from cancer: [www.campkesem.org](http://www.campkesem.org)
- Experience Camp is free to children and teens who have experienced the death of a parent, sibling or primary caregiver: [www.experiencecamps.org](http://www.experiencecamps.org)
- Comfort Zone camp is free to children and young adults (ages 7-25) parents, sibling, or legal guardian: [comfortzonecamp.org](http://comfortzonecamp.org)
- Outward Bound for Grieving Teens consists of seven day excursions for grieving teens (ages 14-17). Camp costs are significantly reduced by donors: <https://www.outwardbound.org/group-programs/grieving-teens/>

## National Organizations to Support Grieving Families

- <https://childrengrieve.org/> The National Alliance for Grieving Children- this site houses a wealth of knowledge of how to help parents and children of all ages manage grief. You can also search by state to find what opportunities are available near you.
- [https://hospicefoundation.org/Grief-\(1\)/Children-and-Grief](https://hospicefoundation.org/Grief-(1)/Children-and-Grief) The Hospice Foundation of America's site gives resources for helping children deal with death. Your local Hospice will likely be able to give you more information about programs and supports in your area.
- <https://www.thedinnerparty.org/> The Dinner Party, a national organization that hosts get-togethers aimed at young adults who have lost a parent.
- <https://healgrief.org/amf-app/> Heal Grief links teens and young adults to a digital community of others with similar losses.

- <https://jennylisk.com/> The Widowed Parent Podcast- experts and non-experts covers all sorts of topics about being a widowed parent.

### **Financial Support for Young Widows**

#### Government Resources:

- Social Security Administration- [www.ssa.gov/benefits/survivors/ifyou.html](http://www.ssa.gov/benefits/survivors/ifyou.html)
- Veterans Administration-<https://www.va.gov/pension/survivors-pension/>
- Various Other Benefits- [benefits.gov](http://benefits.gov)

#### Grassroots Foundations:

- Ted Lindeman Outreach Foundation- [tedlindemanoutreachfoundation.com](http://tedlindemanoutreachfoundation.com)
- Acts of Simple Kindness- [karen@actsofsimplekindness.org](mailto:karen@actsofsimplekindness.org)
- The Liz Logelin Foundation- [thelizlogelinfoundation.org](http://thelizlogelinfoundation.org)
- Hope for Widows Foundation- [hopeforwidows.org](http://hopeforwidows.org)